

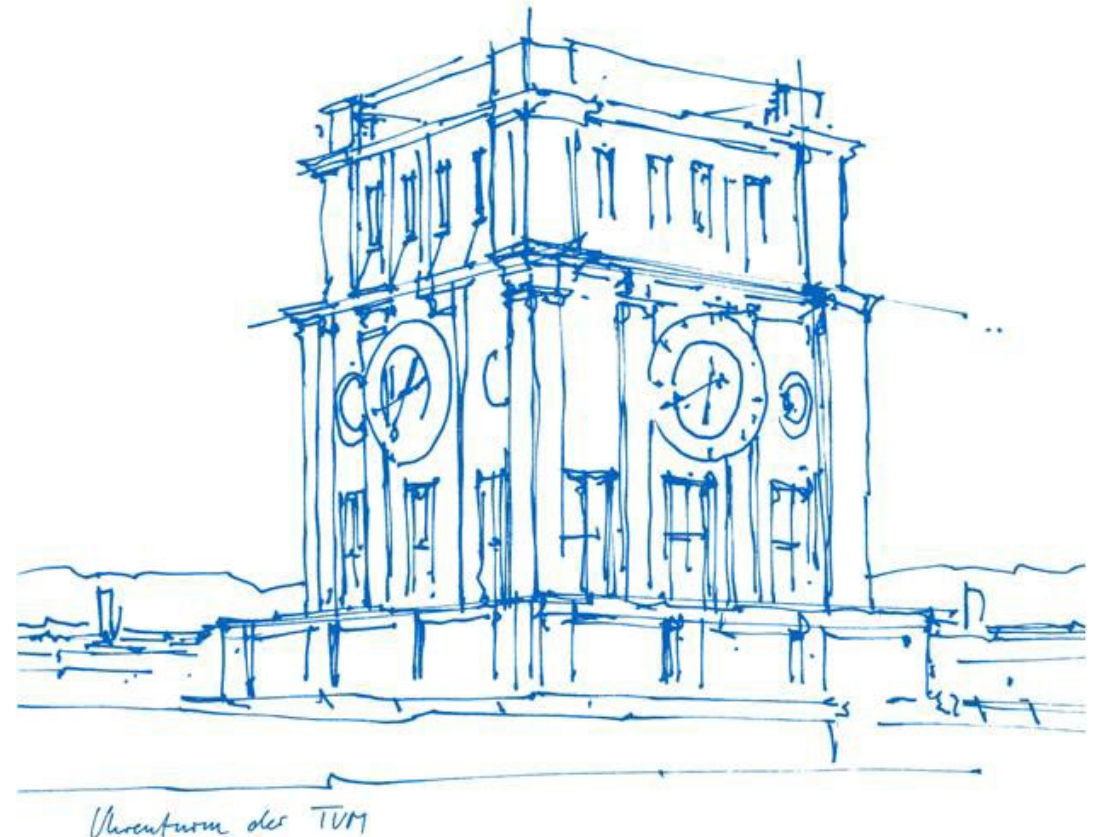
Application for the Master's degree programs in  
"Health Science – Prevention and Health Promotion"  
and  
"Sport and Exercise Science"

Stefan Unzeitig, M.Sc.

Technische Universität München

School of Medicine and Health | Student Office

Munich, March 25th 2026



# Agenda

- I. Location and Study programs
- II. Dates and Online Application
- III. Required Documents
- IV. Aptitude assessment process
- V. FAQ
- VI. Any questions?

**TUM**  
**Master's**  
**Days**

**Your passion**  
**Your future**  
**Your Master's at TUM**

The banner features a collage of images showing students in various settings: a hand writing on a chalkboard, a group celebrating with a trophy, a student pointing at a diagram, a student working on a circuit board, a student in a lab coat with a plant, a student with a robot, a student holding a wooden structure, a student at a computer, a student smiling, a student with a microscope, and a student with a beaker.

# I. Location

## New TUM Campus in the Olympic Park



# I. Master Programs



**M.Sc. Sport & Exercise  
Science**



**M.Sc. Health Science –  
Prevention & Health  
Promotion**

# Module Overview: M.Sc. Sport and Exercise Science as of the winter semester 2024/25

Module Overview: M.Sc. Sport and Exercise Science as of the winter semester 2024/25				
1st Semester	<b>Biomechanics &amp; Neuroscience</b> <b>Biomechanics, Human Movement and Neuromechanical Control (5 ECTS)</b>	<b>Exercise Biology, Training &amp; Health</b> <b>Current Topics in Exercise Biology, Performance Testing and Health (5 ECTS)</b>	<b>Psychology &amp; Social Sciences</b> <b>Current Social and Political Topics of Sport in Global Societies (5 ECTS)</b>	
	<b>Research Skills, Auxiliary Subjects</b> Study Design, Ethics – Research Methods (5 ECTS) Technical Analysis (5 ECTS) Entrepreneurial Opportunity Development (5 ECTS)	<b>Electives A: Choose 4 (6 ECTS each)</b>		<b>Advanced Statistics (6 ECTS)</b>
2nd Semester	Biomechanical Methods and Application Methods in Human Movement Science Methods in Neuromechanics	Exercise Biology Methods Applied Endurance and Strength Training Applied Exercise Physiology: Mountain Sports Research Methods on Sports and Exercise Nutrition Sports Informatics Exergames in Medicine and Health	<b>Electives A: Choose 4 (6 ECTS each)</b>	<b>Advanced Statistics (6 ECTS)</b>
	Current Topics in Human Movement Science Neuromuscular Control and Learning Muscle Function and Human Movement Studies Neuronal and Cognitive Aspects in Motor Control Human Robotics Project Week: New Technologies in Neurorehabilitation and Motor Learning	Molecular Exercise Physiology Sports Analytics Current Topics in Sports and Exercise Nutrition Football Analytics Hackathon Evidence-Informed Training for Performance, Fitness & Health	<b>Electives B: Choose 5 (5 ECTS each)</b>	<b>Extracurricular Qualifications (5 ECTS)</b>
3rd Semester	<b>Electives B: Choose 5 (5 ECTS each)</b>		Psychophysiology of Stress in Sport Participation and Inclusion Qualitative Research Methods Technology and Development Advanced Computational Methods Technology and the Public Interest Psychology of Learning and Instructional Design of AI-based Systems Advanced Methods for Measurement and Modeling of Choice Behavior	<b>Extracurricular Qualifications (5 ECTS)</b>
4th Semester	<b>Master's Thesis (30 ECTS)</b>			<b>Extracurricular Qualifications (5 ECTS)</b>

**Note on the elective areas:** Offers in the elective areas continuously change. Therefore, please note that the modules shown can only be examples and a regular offer of certain modules is not guaranteed (an overview with currently offered modules is linked on the study program website). Places for modules are allocated by lottery: there is no guarantee of obtaining places on any particular module. Further information on this can be found at <https://go.tum.de/372844>

# Module Overview: M.Sc. Health Science – Prevention and Health Promotion as of the winter semester 2024/25



1st Semester	Health Science Research – choose two				Mandatory Modules		
	Nutrition – Health Science Research (8 ECTS)	Health Economics – Health Science Research (8 ECTS)	Psychology – Health Science Research (8 ECTS)	Physical Activity – Health Science Research (8 ECTS)	Health and Society (5 ECTS)		
					Study Design, Ethics (5 ECTS)		
					Scientific Data Processing (5 ECTS)		
2nd Semester	Health Science Research II – choose two				Applied Research – choose two		Mandatory Modules
	Nutrition – Health Science Research II (5 ECTS)	Health Economics – Health Science Research II (5 ECTS)	Psychology – Health Science Research II (5 ECTS)	Physical Activity – Health Science Research II (5 ECTS)	Cancer (12 ECTS)	Evaluation Methods in Public Health and Health Care (12 ECTS)	Advanced Statistics (5 ECTS)
					Behavioral Science, Behavior Change and Health (12 ECTS)	Neurological Health (12 ECTS)	Qualitative Research Methods (5 ECTS)
					Diversity, Inequality and Health (12 ECTS)	Mental Health and Well-Being (12 ECTS)	
3rd Semester	Curricular Complementary Subjects (9 ECTS)				Extracurricular Complementary Subjects (6 ECTS)		In the area of "extracurricular complementary subjects", students can choose from interdisciplinary modules. This refers, for example, to key qualifications. The offerings vary each semester.
	In the area of "curricular complementary subjects", it is possible to specialize in various aspects of health science, e.g. economics or sociology, which enables preparation for different professional fields. The range of modules varies depending on current developments and resources.				Economic Evaluations of Health Care Programmes (12 ECTS) Cardiovascular/Metabolic Disorders (12 ECTS)		
4th Semester	Master's Thesis (30 ECTS)						

**Note on the elective areas:** Offers in the elective areas continuously change. Therefore, please note that the modules shown can only be examples and a regular offer of certain modules is not guaranteed (an overview with currently offered modules is linked on the study program website). Places for modules are allocated by lottery: there is no guarantee of obtaining places on any particular module. Further information on this can be found at <https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/students/information-about-courses/>.

## II. Dates and Online Application

Application is only possible for the winter semester.

### **Application period:**

For the following winter semester: January 1st – May 31<sup>st</sup>

### **General Application Website:**

Online-Application of Technical University of Munich: <https://www.tum.de/en/studies/application/master/application-master>

### **More Information about the applications for the sport and health master programs:**

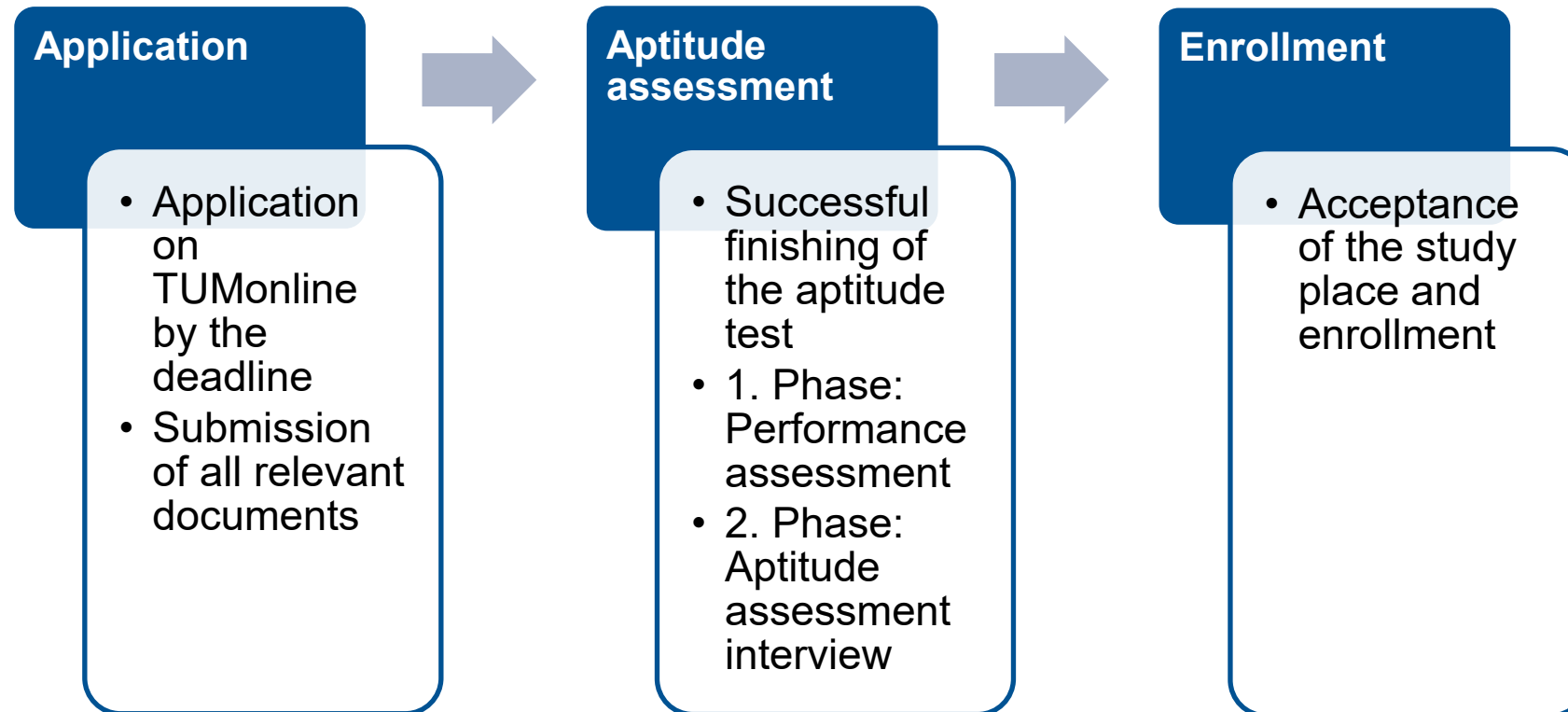
<https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/prospective-students/application-procedure/>

### **Applicants:**

In case of specific questions may contact [studium.gsw.sto@mh.tum.de](mailto:studium.gsw.sto@mh.tum.de)

For general questions contact [studium@tum.de](mailto:studium@tum.de)

## II. Application Process



## III. Required Documents - M.Sc. Health Science Prevention and Health Promotion & M.Sc. Sport and Exercise Science

### Curriculum Vitae (tabular form)

**Proof of university degree** a qualified bachelor's degree of at least six semesters obtained at a national or foreign university or a degree of at least equivalent value.

→ There is no requirement as to which subject this degree is in!

- If the previous degree is not completed at the period of application, the applicant has to submit proof of the credit requirements in the first-degree study (Transcript of Records);  
at least 140 credit points = 6 semesters ( $164 = 7 / 187 = 8$ )
- The final bachelor's degree has to be submitted within one year after the start of the master's program

### Listing of the highest graded modules totaling 140/164/187 credits

- Including assurance that the listing is accurate
- The template for the listing is available in the application portal

# Example: Listing of the highest graded modules totaling 140 credits

**Calculation of Grade**  
**M.Sc. Health Science - Prevention and Health Promotion, M.Sc. Sport and Exercise Science**

**Personal Data**

Name:

First name:

Date of birth:

Applicant number:  2-

Application number:  1-

Grade specified in the preliminary documents (VPD) by uni-assist:

Did you obtain the degree you are applying with outside the European Higher Education Area (for more information, see <https://ehea.info/page-members>)?

Preliminary grade according to Transcript of Records/Diploma:

**Refraining from calculating the best graded 140 credits**

By setting the check mark, I declare that I do refrain from the calculation of the best graded 140 credits. In this case, the grade will be taken from the Transcript of Records (if applicable, the grade mentioned in the VPD). If the calculation of the best-graded 140 credits is waived by marking the check box, the following cells of this Excel sheet can and have to be left blank. However, please remember to confirm your details at the bottom of this document and please scroll down to "Executive summary".

Note: Refraining from the calculation is particularly recommended if there are not enough graded subjects/courses (at least 140 TUM Credits) or if there is no information about the workload in your program. If ungraded subjects/courses are entered in the list below or there is no information about the workload, the calculation will be biased and the grade from the transcript or VPD will be used anyway.

# Example: Listing of the highest graded modules totaling 140 credits

## Course of study referred to in the application

In the following fields, please provide information on the (undergraduate) degree program that you have already (completely or almost) finished.

Name of the university:	Technical University of Munich	
Country of the university:	Germany	
Name of the program:	B. Sc. Health Science (B.Sc. Gesundheitswissenschaften)	
Regular duration of the program (years):	3	Equivalent to six semesters
Total number of credits:	180	
Translation factor:	1,000	<i>(factor for the weighting of the credits)</i>

Enter completed/ almost completed bachelor's degree program

## Grades

Please first enter the highest possible and the lowest possible grades to pass. (e.g. A=1 till D=4).

Then list the best modules of your study program up to 140 credits (the last one partly if necessary). "Original grade" is the grade listed in your transcript. Please enter only the credits for ungraded ("passed") modules and leave the cell for the grade empty (ungraded courses can only be entered if **all graded** courses have already been entered). Please arrange the modules in descending order by grade - starting with the module with the best grade, the last module entered in the table is then the one with the worst grade.

Highest possible grade	1
Lowest possible grade to still pass	4

Module/Course	Original credits	Original grade	Translated grade	Weighted grade
Health promotion Programs	5	1	1,0	5,0
Health Counseling	3	1,3	1,3	3,9
Society and Communication	6	1,3	1,3	7,8
Dimesions of Health	6	1,3	1,3	7,8
VHB - Research Methods in Social- and Educational Sciences	6	1,3	1,3	7,8
Blockkurs Italienisch A1.1	3	1,3	1,3	3,9
Italienisch A1.2	3	1,3	1,3	3,9
VHB- Workplace health promotion	3	1,3	1,3	3,9
Nutrition for Health Science Students	6	1,7	1,7	10,2
Health Risk and Common Diseases	7	1,7	1,7	11,9
Human Biology (Anatomie und Physiologie der inneren Organe)	7	1,7	1,7	11,9
Diversity and Inklusion	7	1,7	1,7	11,9
Basik Skills of Science	5	2	2,0	10,0
Questionnaire Creation	5	2	2,0	10,0
Problem Based Learning (PBL)	5	2	2,0	10,0
Scientific work	5	2	2,0	10,0
Health behaviour and prevention	6	2	2,0	12,0
Research Method I	4	2	2,0	8,0
Research Method II	6	2,3	2,3	13,8
Health Care System	6	2,3	2,3	13,8
Structural Prevention	5	2,3	2,3	11,5
Managment in Health Care	6	2,3	2,3	13,8
Biochemistry and Functional Anatomy	7	2,7	2,7	18,9
Fundamental Competences in Psychology and Pedagogy	6	2,7	2,7	16,2
Introduction to Programming for Digital Health	6	2,7	2,7	16,2
Learning and Behavior	10	2,7	2,7	27,0
			0,0	
			0,0	
<b>Total credits original</b>	<b>144</b>			
<b>Total credits weighted</b>	<b>144</b>			
<b>weighted average grade according to TUM system</b>	<b>2,0</b>			

The credits entered deviate from the specified number of 140 TUM credits. Please adjust the list by

-4,0 original credits

Module/Course	Original credits	Original grade	Translated grade	Weighted grade
Health promotion Programs	5	1	1,0	5,0
Health Counseling	3	1,3	1,3	3,9
Society and Communication	6	1,3	1,3	7,8
Dimesions of Health	6	1,3	1,3	7,8
VHB - Research Methods in Social- and Educational Sciences	6	1,3	1,3	7,8
Blockkurs Italienisch A1.1	3	1,3	1,3	3,9
Italienisch A1.2	3	1,3	1,3	3,9
VHB- Workplace health promotion	3	1,3	1,3	3,9
Nutrition for Health Science Students	6	1,7	1,7	10,2
Health Risk and Common Diseas	7	1,7	1,7	11,9
Human Biology (Anatomie und Physiologie der inneren Organe)	7	1,7	1,7	11,9
Diversity and Inklusion	7	1,7	1,7	11,9

applying. To receive the data to calculate the grade with the best modules (according to the standard period of study of the Bachelor program). The overall average grade is calculated as the weight the modules.

⇒ 6-semester Bachelor's programs: [List of 140 best credits](#) ↗

⇒ 7-semester Bachelor's programs: [List of 164 best credits](#) ↗

⇒ 8-semester Bachelor's programs: [List of 187 best credits](#) ↗

⇒ Please also have a look at the [Frequently Asked Questions for listing the best graded modules](#) ↓

Fundamental Competences in Psychology and Pedagogy	6	2,7	2,7	16,2
Introduction to Programming for Digital Health	6	2,7	2,7	16,2
Learning and Behavior	6	2,7	2,7	16,2
			0,0	
			0,0	
<b>Total credits original</b>	<b>140</b>			
<b>Total credits weighted</b>	<b>140</b>			
<b>weighted average grade according to TUM system</b>	<b>1,9</b>			

As you can see the remaining 4 ETCs have been adjusted

### Executive summary

#### Personal Data

Name:

First name:

Date of birth:

Applicant number: 2- 01979000

Application number: 1- 00635000

#### Course of study referred to in the application

Name of the university: Technical University of Munich

Country of the university: Germany

Name of the program: B. Sc. Health Science (B.Sc. Gesundheitswissenschaften)

Regular duration of the program (years): 3

weighted average grade according to TUM system ("best 140 credits") 2,0

#### Statement of agreement

*When the form is completed, please check and confirm your entries, save the form and upload it into your TUMonline application!*

I declare that I have entered all information correctly. I am aware that intentionally false statements and omissions constitute an administrative offense and may lead to my exclusion from or, if determined at a later date, the revocation of my aptitude testing and enrolment.

Date	Place

## III. Required Documents

### Essay of the Bachelor's or Diploma Thesis

- In English
- 300-500 words
- If the thesis is not completed at the period of application, the abstract can be a description of the main concept (scientific problem, method).
- If the applicant does not have a bachelor's thesis: the abstract can be a scientific exposé which includes a scientific question and proposed methods. The exposé should cover a research project conducted during the Bachelor studies e.g. in one of the courses or during an internship. This exposé should detail a scientific question that is relevant to the field of **sport science OR health science** and by what scientific methods one might use to answer this question.
- The abstract has to meet international scientific standards in form and content.
- **Declaration** that the applicant has written the abstract by him/herself and unaided, and that he/ she has marked the thoughts from external sources as such
- If you don't have a thesis or scientific project within your studies, you have to write a fictive exposé

## III. Required Documents

### **Proof of internship or work experience (job reference from employer)**

- In the field of sport OR health science
- at least 8 weeks, full-time, can be split in 2 parts with 4 weeks each
- Internships passed during an undergraduate degree will be recognized
- **Department-internal applicants** : do not have to submit this document → you have to upload your transcript of records instead

### **Proof of knowledge of the English language**

- Recognized language test (TOEFL, IELTS, Cambridge Certificate CAE/CPE, PTE)
- Bachelor's Thesis in English
- At least 20 Credits in English modules during the lower-division course
- All information and scores: <https://www.tum.de/en/studies/application-andacceptance/university-admission/language-certificates>
- **Department-internal applicants** can upload the transcript of records for the language certificate
- **TUM internal applicants**: TUM Language courses marked with "Gateway to English Master's Programs C1" are accepted for the language certificate.

# III: Additional documents required from international students

Required for all students outside of Germany

International Students additional need a preliminary documentation (VPD) before applying to TUM - <https://www.tum.de/en/studies/application/application-info-portal/uni-assist>

## Preliminary Documentation (VPD) by uni-assist

The University Application Service for International Students **uni-assist e.V.** [\[?\]](#) processes international student applications as an external partner for the Technical University of Munich.

**Be sure to check whether you need a preliminary documentation (VPD) before applying to TUM.** If the document is required for your application, you need to apply for a VPD via uni-assist **as well as** apply to TUM directly via TUMonline.

**An application for a VPD via uni-assist alone does not qualify as an application for a degree program at TUM. An application via TUMonline is always necessary.**

Uni-assist performs preliminary processing and evaluation of the applicant's **higher education entrance qualification** (for Bachelor's programs) or entrance qualification for Master's degree programs documents, running a check of the applicants' certificates to determine which grades they have on the German grading system. This preliminary documentation (VPD) informs applicants whether they qualify to study all subjects (general qualification), only certain subjects (subject-restricted qualification) or postgradual studies (Master's).

**Please ensure that you apply for the correct VPD corresponding to your intended degree program!** VPDs for Bachelor's and Master's programs are separate and specific documents.

**Please note:** You can have your documents reviewed by uni-assist any time of the year. **If the portal for the desired semester has not yet been opened at uni-assist, simply select the current semester.** It does not matter whether you apply for the summer semester or the winter semester at uni-assist. Please note, however, that the application deadline at TUM must be met.

In addition, the VPD contains a conversion of all your credits and grades into the German grading system or the ECTS grading system.

Step by step instructions for applying to uni-assist can be found on the shown website <https://www.uni-assist.de/en>



**Your access point to German universities**

uni-assist evaluates applications by international student applicants for 180 German universities. We evaluate your certificates and show you the way.

Apply in 6 steps →

# Additional Information: Tuition fees for Students from Non-EU Countries

At the Technical University of Munich (TUM), tuition fees are charged for international students from third countries who newly enroll in a degree program starting in the winter semester of 2024/25.

More information:

<https://www.tum.de/en/studies/fees/tuition>

## Health Science – Prevention and Health Promotion

The tuition fees for international students from third countries for this degree program are **4,000 euros per semester**.

Many international students can have their fees waived or receive scholarships to finance them. You can find [all information on waivers and scholarships](#) here.

Please note: The **semester fee** as a contribution to the student union must be paid additionally. It varies depending on where you are studying. You can find [all information on the semester fee](#) here.

## Sport and Exercise Science

The tuition fees for international students from third countries for this degree program are **6,000 euros per semester**.

Many international students can have their fees waived or receive scholarships to finance them. You can find [all information on waivers and scholarships](#) here.

Please note: The **semester fee** as a contribution to the student union must be paid additionally. It varies depending on where you are studying. You can find [all information on the semester fee](#) here.

## IV. Assessment: First phase

### a) Bachelor's degree

- The applicant receives 3 points for every tenth part that his/ her bachelor's grade is better than 2,6.
- The grade is calculated out of 140 credits of the bachelor's program (maximum score = 48 points).
- If the Transcript of Records includes more than 140 credit points, the grade is calculated out of the best 140 credits.
- The overall grade is calculated as an weighted average of all modules (weight according to the respective credit points of each module).

Points for bachelor's grade:

<b>1,0</b>	<b>1,1</b>	<b>1,2</b>	<b>1,3</b>	<b>1,4</b>	<b>1,5</b>	<b>1,6</b>	<b>1,7</b>	<b>1,8</b>	<b>1,9</b>	<b>2,0</b>	<b>2,1</b>	<b>2,2</b>	<b>2,3</b>	<b>2,4</b>	<b>2,5</b>
48	45	42	39	36	33	30	27	24	21	18	15	12	9	6	3

## IV. Assessment: First phase

### b) Performance assessment

- written format and lasts 90 minutes.
- The assessment date will be announced by the commission at least one week in advance.
- → check website regular for schedule announcements and information on how to prepare for the performance assessment

Subject areas:

#### Health Science (M.Sc.)

1. Research methods (30%)
2. Epidemiology (15%)
3. Biosciences/medicine (15%)
4. Psychology/social sciences (15%)
5. Health management/policy (15%)
6. Public Health (10%)

#### Sport & Exercise Science (M.Sc.)

1. Physiology / anatomy (35%)
2. Research methods (30%)
3. Biomechanics (20%)
4. Exercise science, movement science, sociology, and sports psychology (15%)

A maximum of **48** points can be achieved in the test.


## IV. Implementation: First Phase

### Performance assessment 2026:

The general performance survey will take place on **June 12th 2026 (10:00am UTC+2 → Middleeuropean summer time)!**

- The performance survey takes place twice per application phase.
- The specific date will be announced by the commission at least one week in advance.
- An alternative date due to vacation or similar is not possible.
- There will be one subsequent date later that year. Participation is only possible in **justified exceptional cases with written proof**.

Information on **how to prepare for the performance assessment** can be found in the document on our application website <https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/prospective-students/application-procedure/>



### Performance assessment (written online exam) 2026:

The performance test is conducted online or alternatively as on campus exam. The performance test will take place on **June 12, 2026 (10:00 a.m. (UTC+2))**. In addition, an early date is offered on April 24, 2026 (10:00 a.m. (UTC+2)). Only those whose complete application has been received by April 15, 2026, can participate in the early date. If the application documents have not yet been fully reviewed by this date, participation is possible with reservations. All further information on the early date will be sent by email to those who have submitted a complete application by April 15, 2026. All those whose complete application is received after April 15, 2026, will participate on the regular date of June 12, 2026. Participation in the early date is voluntary: even those who have submitted a complete application before April 15, 2026, can participate in the regular date on June 12, 2026. An alternative date for the performance assessment due to vacation or similar reasons is not possible.

There will be a follow-up date after June 12, 2026, in the same year. Participation is only possible in **justified exceptional cases with written proof**.

You can take this aptitude test either in the lecture hall with human supervision or at home with Proctorio supervision. If you choose off campus attendance with Proctorio supervision, there is a one-time cost of \$25 to apply for a place in the M.Sc. Sport and Exercise Science degree program.

#### 1. ON Campus Exam:

- Authentication and proctoring is done by human invigilators in the lecture hall.
- For this test you must be present in the lecture hall/seminar room.

#### 2. OFF Campus Exam with proctoring (Proctorio):

- Proctorio will secure your computer, preventing you from accessing sources other than those allowed during the exam.
- For remote exams with Proctorio you need a computer (and software) that meets the necessary requirements and a working webcam. Please refer to: <https://proctorio.com/support/requirements>
- You can carry out this exam remotely, please assure a quiet environment and stable internet connection.
- Please have an identification document ready to verify your identity.

You will receive a separate email (one week before the performance assessment) with information how to access the exam course. Please be aware that you need to choose which type of exam you take (on or off campus) and a preparatory exam (test) has to be conducted before the actual exam, so please log onto the exam course as soon as you have access to familiarize yourself with the exam procedure.

Information on how to prepare for the performance assessment can be found in this document:

- [Preparation for the written exam within the aptitude test ↴](#)

## IV. Implementation: First Phase

### Performance assessment 2026:

The general performance survey will take place on **June 12th 2026 (10:00am UTC+2 → Middleeuropean summer time)!**

- The performance survey takes place twice per application phase.
- The specific date will be announced by the commission at least one week in advance.
- An alternative date due to vacation or similar is not possible.
- There will be one subsequent date later that year. Participation is only possible in **justified exceptional cases with written proof**.
- **If you take part at the early assessment, you are not allowed to take part in June again**

### (!) **Early Performance assessment**

An early date for the performance assessment will be offered on Friday, April 24, 2026. Only those whose complete application has been received by April 15, 2026, can participate on this date. If the application documents have not yet been fully reviewed by this date, participation is possible with reservations.

All further information about this early date will be sent by email to those who have submitted their complete application by April 15, 2026.

All those whose complete application is received after April 15, 2026, will participate on the regular date of June 12, 2026.

## IV. Implementation: First Phase

You can take this aptitude test either in the lecture hall with human supervision or at home with Proctorio supervision. If you choose off campus attendance with Proctorio supervision, there is a one-time cost of \$25 to apply for a place in the M.Sc. Sport and Exercise Science degree program.

### **1. ON Campus Exam:**

Authentication and proctoring is done by human invigilators in the lecture hall.

For this test you must be present in the lecture hall/seminar room.

### **2. OFF Campus Exam with proctoring (Proctorio):**

Proctorio will secure your computer, preventing you from accessing sources other than those allowed during the exam.

For remote exams with Proctorio you need a computer (and software) that meets the necessary requirements and a working webcam. Please refer to: <https://proctorio.com/support/requirements>

You can carry out this exam remotely, please assure a quiet environment and stable internet connection.

Please have an identification document ready to verify your identity.

You will receive a separate email with information how to access the exam course. Please be aware that you need to choose which type of exam you take (on or off campus) and a preparatory exam (test) has to be conducted before the actual exam, so please log onto the exam course as soon as you have access to familiarize yourself with the exam procedure.

## IV. Implementation: First Phase

The number of points in stage 1 of the aptitude assessment results from the sum of the number of points calculated from the **final grade (a)** and the result of the **performance assessment (b)**.

Example:

1. Final grade (2,2)	12 points (max 48)
2. Performance assessment	<u>33 points (max 48)</u>
	45 points (max 96)

**≥ 68 points: Passed in phase 1, immediate approval**

**40-67 points: Invitation to the aptitude assessment interview (Phase 2)**

**< 40 points: Rejection**

## IV. Implementation: Second Phase

Sport & Exercise Science (M.Sc.) – **Aptitude assessment interview**

**Calendar weeks 31-33:** for those who participate in the regular assessment date

**Calendar weeks 20-21:** for those who participate in the early assessment date

**Duration:** approx. 20-30 minutes

### **The main topics of the interview:**

1. Basic and applied questions in the field of sport and exercise science (professional qualification)
2. Special suitability and willingness to perform due to other relevant qualifications and practical experience in the field of sport science
3. Ability to analyze sports science issues
4. Explanation of the submitted abstract/exposé

The four topics will be weighted equally.

## IV. Implementation: Second Phase

Health Science (M.Sc.) – **Aptitude assessment**

**Calendar weeks 31-33:** for those who participate in the regular assessment date

**Calendar weeks 20-21:** for those who participate in the early assessment date

**Duration:** approx. 20-30 minutes

### **The main topics of the interview:**

1. Basic and applied questions in the field of health science (professional qualification)
2. Special suitability and willingness to perform due to other relevant qualifications and practical experience in the field of health science
3. Ability to analyze health science issues, particularly in the area of prevention and health promotion
4. Explanation of the submitted abstract/exposé

The four topics will be weighted equally.

## IV. Implementation: Second Phase

Aptitude assessment interview (both master's programs)

- Carried out by at least two members of the committee
- Each member assigns the aptitude assessment interview results to a point **scale of 0-48**, with 0 being the worst and 48 the best possible result.
- The number of points results from the **arithmetic mean** of the individual evaluations.

### Calculation of the total score

Example:

1. Final grade (2,2)	12 points
2. Interview	<u>38 points</u>
	50 points

Applicants with a score of  **$\geq 48$  points will be admitted.**

## V. FAQ

### **What kind of proof of internship do I need to submit?**

- Confirmation of an 8-week practical internship OR work experience
- → we cannot provide you any specific examples of what such an internship would look like, as internships vary greatly among applicants
- document should include the following information:
  - Your position/responsibilities,
  - the duration of the experience,
  - hours/week
  - and a signature/stamp from your supervisor/company.

### **Do I have to hand in both an essay and the Abstract of the Bachelor's or Diploma Thesis ?**

- NO! Please just hand in your abstract of the Bachelor's or Diploma Thesis.
- Applicant who did not have a bachelor's thesis → hand in a scientific exposé

## V. FAQ

### **How to write a scientific expose and what should be its topic?**

- This exposé should detail a scientific question that is relevant to the field of sport science OR health science and by what scientific methods one might use to answer this question.  
→ you have to find a topic by yourself
- There are plenty of resources on how to write an academic paper, therefore we would recommend that you do your own literature research on this topic.

### **I have two degrees. Which one should I choose for my entrance qualification?**

- Since the final grade counts in the Stage 1, it would be best to choose the degree with the best final grade.

## V. FAQ

### **Do I now have to submit hard copies before admission approval?**

- In general, you do not have to submit any documents as hardcopies.

After you have received an offer of admission and accepted your study place, you must upload some documents to TUMonline as authentic documents. (e.g. diplomas or certificates).

<https://www.tum.de/en/studies/application/application-info-portal/online-application>

### **To which people would you recommend the Master courses / what should I be interested in?**

- The programs offers a wide range of choices that allow you to pursue your interests → look at the module structure
- interest in research

## V. FAQ

### Work opportunities after the Master's degree

#### Sport & Exercise Science (M.Sc)

- Sport and Exercise Scientists are employed by universities, sports clubs, cities, insurance companies, sports associations and sports companies.
- offers not only a specific professional field, but also a wide range of possible applications.

#### Health Science (M.Sc)

- experts in assessing costs, values, and efficiency of international health programs and feasibility studies.
- able to judge health concepts and programs while considering international quality standards; develop evidence-based approaches for enhanced health strategies while considering guidelines of good (clinical) practice and ethics.
- This approach can be adapted to different settings (e.g. kindergarten, universities , insurance, companies), populations, and age groups.

# Student Advisory Team

**Dipl.Soz.-Wiss. Annette Bauer**



[studium.gsw.sto@mh.tum.de](mailto:studium.gsw.sto@mh.tum.de)

Phone: +49 89 – 289 – 24798

Office Hours: Tue, 08:00 – 10:00; Room 01.2334.110 (CiO, 2nd Floor)

Telephone consultation hour: Thu, 08:00 – 10:00

**M.Sc. Stefan Unzeitig**



[studium.gsw.sto@mh.tum.de](mailto:studium.gsw.sto@mh.tum.de)

Phone: +49 89 – 289 – 24716

Office Hours: tbd.

Telephone consultation hour: tbd.

**For current information and news regarding possible consultations:**

<https://www.mh.tum.de/en/mh/academic-programs/sport-and-health-sciences-programs/student-advisory-service/>

Thanks for listening  
and good luck with your application!

<https://www.mh.tum.de/>

